

Detox/Withdrawal Management Programs - Twin Cities, MN

Name	Level of Care / Beds	Location	Phone / Email / Fax / Website	Smoking allowed?	Any limitations or exclusions?	Accepting MAT?	Other notes/referral process
1800 Detox / AICDC	3.7 and 3.2 WM 64 beds, all genders, 18+. 4 bed, co-ed unit, ages 13-17.	1800 Chicago Ave, Minneapolis, MN, 55404	Phone: 612-879-3646 https://www.hennepin.us/residents/health-medical/behavioral-health-center	NO - no smoking areas available. No vaping allowed. Nicotine replacement options (gum/patches) available.	Must be able to walk or do own wheelchair transfers. Must be able to be independent with ADL's. Accept everyone/all substances.	YES – occasionally do a bridge suboxone RX (7 days).	Walk-ins welcome 9am to 9pm – 3rd floor. Referrals – can call first. If fail nursing screening, they get client to hospital and then back once stabilized.
Abria Detox	3.2 and 3.7 WM 20 beds, all genders, adults 18+. First 10 beds are for females – have outside locks on the doors.	14750 Lac Lavon Dr Burnsville, MN 55306	Phone: 952-345-0099 Fax: 952-944-0664 Email: admissions@abriadetox.com https://www.abriadetox.com/	YES - Designated smoking patio available. Products must be unopened when brought to the facility. Vaping is allowed.	No pregnant women, no services for 0.35+ blood alcohol level. Insulin dependent diabetics welcome if they have their own supplies. Need to be independent and ambulatory.	YES – Will prescribe a bridge of suboxone. Do not provide methadone services. Will taper patients who come in on it.	No walk-ins. Process: call admissions line and complete a phone screening, then the admissions team will schedule their intake which can happen as soon as within the hour if the staff have the capacity. When scheduling that intake there is a 2-hour window of time that the client will be able to admit until Abria will no longer accept them. Note: Somali speaking clinicians available.
Gateway Recovery Center	3.7 WM 18 beds (Inver Grove Heights) 18 beds (Brooklyn Park) Both locations accept adults 18+, co-ed facilities	6775 Cahill Ave, Inver Grove Heights MN, 55076 6840 78th Avenue North Brooklyn Park, MN 55445	Phone: 952-843-4149 Fax: 952-679-5408 Email: CARC@eosisrecovery.com and/or Admissions@gatewaydetoxmn.com Website: https://eosisrecovery.com/detox/	YES - Smoking is allowed on-site, with smoking permitted in designated areas. Vaping is not allowed. Nicotine replacement options (gum/patches) available.	Excluding factors: pregnancy, active SI WITH a plan/intent, non-independence with ADL's and CSC charges. Everything else reviewed on a case-by-case basis and will be run by medical/clinical team for approval. Only do prescription if it is a bridge script for suboxone IF the guest has an appointment set up with continuing care coordinators with a prescriber. Accept all substances. If no protocol is in place the doctor will make one.	YES	No walk-ins. Not a locked facility, clients can leave against medical advice.

Hazelden Betty Ford Foundation	2.5 PHP 3.5 and 3.7 WM (both locations) 11 beds, ages 12-25, (Plymouth) 27 beds, ages 18+ (Center City)	11505 36th Avenue North Plymouth, MN, 55441 15251 Pleasant Valley Rd, P.O. Box 11 Center City, MN,55012	Phone: 855-348-7018 Fax: 651-213-4402 Secure email: hope@hazeldenbettyford.org Website: https://www.hazeldenbettyford.org/rehab-treatment/detox	YES - Designated smoking patio available, cigarettes must be in unopened packaging - only matches allowed, no lighters. Plymouth location does not allow vapes except for Loon Maxx. Center City location is a vape-free campus. Nicotine replacement options (gum/patches) available.	Most medical issues are accepted unless they require medical care in the hospital. Do accept diabetics. Do not accept individuals on dialysis while in detox, individuals who have an oxygen tank, or anyone with MRSA or other contagious pathogens. Do not allow medical marijuana. Have protocols for withdrawal for each substance and do provide comfort meds. Clients may go out with scripts. The team will work on coordinating next appts and a discharge plan.	YES - Will take anyone on anything except high doses of methadone - can't accept 100 or higher. Don't take folks off MAT drugs either unless clinically inappropriate to be on them. May look at alternatives.	No walk-ins. All referrals need to go through the RRS team who will set up admit. They use both sites for detox. Have therapy dogs on campus. Do accept animals for ADA reasons only but no emotional support dogs/therapy dogs. Accept commercial Insurance only + Tri-Care
Judy Retterath Withdrawal Mgmt. Center (Formerly Mission Detox)	3.2 WM 21 beds, all genders, over the age of 13	3409 E Medicine Lake Blvd, Plymouth, MN 55441	Phone: 763-559-1402 Fax: 763-559-2559 Intake form: https://www.missionsinc.org/jrwmc-intake/ Website: https://www.missionsinc.org/our-services/substance-use-and-housing-services/#missions-retterath	YES - Outdoor designated smoking patio now available. Nicotine replacement options (gum/patches) available.	Cannot take Ramsey County clients without health insurance. Clients cannot use Medical Cannabis while in detox. Can accept insulin dependent clients. 72-hour minimum stay required - occasionally early discharge is possible if deemed medically stable - release prior to 72 hours must be approved by physician - exception for CD/MI commit with case manager approval.	YES - no methadone, now prescribing Suboxone.	Walk-ins welcome but prefer a pre-screen prior if able. Need for services must originate in the following counties: Hennepin, Anoka, Scott, Carver, Chisago, Isanti, McLeod, Mille Lacs, or Sherburne. There are no limits as to county of origin for clients who utilize private insurance or are self-pay. Locked and secure facility.
M Health Fairview	4 WM 20 beds, all genders, 18+	2450 Riverside Ave. Minneapolis, MN, 55454 3A West	Phone: 612-273-4403 Website: https://www.mhealthfairview.org/locations/emergency-department---m-h-alth-fairview-university-of-minnesota-medical-center---west-bank	NO - no smoking areas available. Nicotine replacement options (gum/patches) available.	Accept all substances. They go to the ER first, so they must be medically stable before coming to the detox. Could take opioid only.	YES – all – can prescribe Suboxone. If already on methadone, they can use it there.	Walk-ins go to the ER. Referral process: don't have to call first – have them go to ER first. Must be stable for 24 hours before discharge.

NorthStar Regional Medically Monitored Withdrawal Mgmt.	3.7 WM 30 beds, (Men / Women), 18+	7550 Office Ridge Circle, Eden Prairie 55344	Phone: 1-833-677-4673 Fax: 763-225-4470 Email: admissions@northstarregional.com Website: https://northstarregional.com/locations/valley-view/	YES - Indoor smoking lounge available	Follow American Society of Addiction Medicine (ASAM) standards for appropriate level of withdrawal management. Accept clients that are on Holds and Commitments. Accept pregnant women. On-site Medical Services are available	YES - Psychiatric Services and Medication Mgmt available	<u>New or Existing Clients:</u> Clients can call the Admissions Team during business hours (8am -4pm) to be screened and scheduled for intake. <u>Walk In and Drop Off Clients (accept walk-ins 24/7):</u> Clients who arrive outside of business hours (after 4pm) will be screened for appropriateness by a Registered Nurse. Accept most common insurances, and BHF, MA, PMAP.
RS Eden	3.7 and 3.2 WM 12 beds, all genders, adults 18+	1025 Portland Avenue S, Minneapolis, MN 55404	Phone: 612-361-0003 Fax: 612-338-3653 (phone preferred for referrals) Website: https://www.rsedn.org/247-detox-withdrawal-management-compassionate-care-all	NO - no smoking area available for withdrawal management. Nicotine replacement options (gum/patches) available. No vaping allowed.	Currently not accepting individuals who are withdrawing from Benzo's as their primary substance use due to the medical complexity of this withdrawal but are open to all others. Accept most medical conditions, unless someone comes in very medically unstable and needs a higher level of care, i.e. a hospital. Do accept pregnant women and diabetics.	YES - Providers prescribe Suboxone as their MAT medication of choice, but if participants have outside providers prescribing Methadone, etc. that is accepted	Do accept walk-ins 24/7. Individuals do not have to have health insurance upon arrival. Can help individuals fill out Behavioral Health Fund application. Insurance navigator available. 24/7 nursing and support staff available.

* Information in this guide was compiled with the help of EOSIS Recovery and Horowitz Health.

**Please contact soniya@mightyconsulting.org with any updates/changes to programs/services.